The Chicago Center
Digest
Mishna Berura
THE DAILY RESOURCE FOR MISHNA BERURA YOMI
Fri, Mar 1 2024 ■ כ"א אדר א' תשפ"ד
סימן שכ"א סעיף י"ז-י"ח

# Overview

## Siman 321 Seif 17:

**It is permitted to make יינומלין which is comprised of old wine, honey and pepper since it is made to be a beverage. One may not make אלונתית which is old wine, clear water and balsam oil since it is made to be a medicine.**

- The allowance is to mix them and consume the mixture but it is prohibited to mix the ingredients vigorously and then strain it since that involves extra exertion. Maharil forbids putting cassia into vinegar in order to make a dip. It is also prohibited to make a mixture of hard boiled eggs, parsley and vinegar. Magen Avrohom maintains a lenient position. The possible injunction is limited to making a large quantity of the mixture. (M.B. 69)
- Even if it was made on *erev* Shabbos it is prohibited. (M.B. 70)

## Siman 321 Seif 18:

**It is prohibited to soak חלתית in lukewarm or cold water since it is usually soaked for medicinal purposes; however, it may be added to vinegar and one may dip his bread in it. If it was soaking already before Shabbos it is permitted to soak it on Shabbos. If one drank the mixture on Thursday and Friday and it is necessary to drink it also on Shabbos, it is permitted since the treatment involves drinking it for seven consecutive days. Consequently, it is permitted to soak it in cold water and place the mixture in the sun since he would be in danger if he would not drink it.**

- It should say, "to drink" rather than "to soak" and the reason it is permitted is that it is a beverage that healthy people drink so it is not discernable that he is taking medicine. In a place where healthy people do not drink this beverage it seems that according to Rambam it is prohibited. (M.B. 72)
- It should say three days rather than seven days. (M.B. 74)

# Halacha Highlight

## Mixing medication with water before Shabbos

Shulchan Aruch Siman 321 Seif 18

**היה שרוי מאתמול מתר לשתותו בשבת**

**If it was soaking from yesterday it is permitted to drink it on Shabbos**

Shulchan Aruch (סעי' י"ח) writes that one may not soak חלתית (asafetida) in lukewarm or cold water on Shabbos since that is done for the purpose of manufacturing medication. In the event that one soaked that חלתית in water before Shabbos, it is permitted to drink the mixture on Shabbos. Mishnah Berurah (ס"ק ע"ב) explains that it is permitted since steeped חלתית is a beverage that healthy people drink and therefore it is not evident that he is drinking it for its therapeutic effects. However, in a place where it is not common for healthy people to consume this beverage, according to Rambam, it is prohibited for one to drink this beverage since it is then obvious that it is being consumed for its therapeutic effect.

Rav Shlomo Zalman Auerbach (ארחות שבת ח"ב פ"כ הע' קפ"ח, ק"ץ וקצ"א) writes that if one mixes medicine into water before Shabbos so that it is no longer discernable that the mixture contains medication, it is permitted to drink it on Shabbos even though it is not a beverage that healthy people drink. He explains that in this case there are two factors that work in tandem that allow this practice. The first is that since the medication is not discernable in the water, others will not realize that he is taking medication on Shabbos. Furthermore, although the person taking the medication realizes that he is consuming medication, since he took the step to prepare it before Shabbos there is no concern that it will lead him to manufacture medication on Shabbos and thus this was not included in Chazal's injunction against taking medication on Shabbos. Rav Moshe Feinstein (או"ח ח"ב סי' פ"ו) disagrees and rules this is permitted only if it is the practice to add water to the medication before taking it, but if it is not common to mix water with the medication before taking it or if it is uncommon altogether to mix the medication with water it is prohibited even if one mixed the medication with water before Shabbos.