The Chicago Center
Digest
Mishna Berura
THE DAILY RESOURCE FOR MISHNA BERURA YOMI
Tues, Nov 1 2022 ■ ז' חשון, תשפ"ג
סימן ר"י סעיף א'

Overview

Siman 210 Seif 1:

If one eats less than an olive's volume of bread or some other food or if someone drinks less than a revi'is of wine or some other beverage he must recite the appropriate beracha before consuming the food or drink but afterwards he does not recite any beracha. Some are uncertain whether one who eats an entire entity, e.g. a grape or pomegranate berry, recites a beracha afterwards even though it is not the volume of an olive. Therefore, it is appropriate to avoid eating an entity that is smaller than an olive's volume. An item is not considered an entity unless he ate it as is but if the seed is removed from the entity it is not considered an entity. **There are authorities who are uncertain regarding the beracha acharona for wine whether one recites it if one consumed an olive's volume. Therefore, one should drink either less than an olive's volume or at least a revi'is.**

- Different foods combine for the purpose of equaling an olive's volume for the appropriate beracha acharona. (M.B. 1)
- If one ate half an olive's volume of the seven species or even bread, and half an olive's volume of another food one recites בורא נפשות. (M.B. 1)
- Eating and drinking do not combine even to recite בורא נפשות, but sauce on a vegetable combines with the vegetable since it is considered part of the food. The same is true if one dipped bread in liquid. (M.B. 1)
- If one ate an olive's volume slowly, i.e. taking more time than k'dei achilas pras, the beginning and end of the eating do not combine to recite a beracha acharona. Pri Megadim asserts that this is limited to the volume of an olive, but regarding feeling full following the consumption of bread, it doesn't matter how long it takes one to eat. (M.B. 1)
- If one drank a revi'is slowly, according to one opinion the two gulps do not combine, but according to another opinion as long as it does not take longer than achilas pras the gulps combine. Vilna Gaon agrees with the second opinion. (M.B. 1)
- There is a disagreement amongst the Poskim whether one recites a beracha acharona after drinking hot coffee or tea that is drunk slowly. The common custom is not to recite a beracha acharona. Those who are meticulous leave a revi'is to drink after the beverage cools so that one could recite a beracha acharona and this is an appropriate course of action to follow. (M.B. 1)
- One recites a beracha even if one will consume only a small amount since it is prohibited to derive benefit from this world without first reciting a beracha. (M.B. 3)
- An entity is important but if it was ground before it was consumed it is not considered an entity. (M.B. 6)
- This includes eating it with the seed, even though it is not edible by itself, as long as it is eaten in conjunction with the entity. (M.B. 7)
- If part of the entity fell off while cooking it seems that it no longer is considered an entity. (M.B. 8)
- If there is something edible inside of a pit and one ate that and threw away the hard shell, according to some Poskim that is included in the halacha of eating an entity. (M.B. 9)
- The same is true regarding other beverages. (M.B. 10)
- An olive's volume is 1/3 of a revi'is. (M.B. 11)

Halacha Highlight

Reciting a beracha acharona on hot beverages

Shulchan Aruch Siman 210 Seif 1
והשותה פחות מרביעית
And one who drinks less than a revi'is

Shulchan Aruch rules that one who eats less than an olive's volume of food, or drinks less than a revi'is of a beverage does not recite a beracha acharona. Mishnah Berurah (סק"א) discusses the timing in which one must eat or drink the minimum amount of food or beverage to be obligated to recite a beracha acharona. For food, he writes that one must eat an olive's volume of food within achilas pras. If from the moment one began to eat until he finished that volume it took longer than k'dei achilas pras, he does not recite a beracha acharona. When it comes to reciting a beracha acharona after drinking, he presents a dispute. According to one opinion, if one drank, paused and then drank some more until he consumed a revi'is the two gulps do not combine to obligate him to recite a beracha acharona. According to the second opinion as long as it did not take longer than k'dei achilas pras he must recite a beracha acharona. Although he notes that the Vilna Gaon follows the latter opinion in Sha'ar HaTziyun (ס"ק י"ב) he indicates that the halacha follows the first opinion that one does not recite a beracha acharona unless he drank a revi'is without pausing.

According to the opinion that requires one to drink a revi'is at once there is another disagreement whether that requirement applies when drinking a hot beverage such as coffee or tea. One position is that since it is normal to drink hot beverages slowly one recites a beracha acharona even though one did not drink it at once. According to the dissenting opinion, hot beverages are no different than other beverages and if one does not drink a revi'is within k'dei achilas pras a beracha acharona is not recited. Mishnah Berurah (סק"א) writes that those who are meticulous in their mitzvah observance will save a revi'is at the bottom of the cup until it cools so that they could drink it at once to generate a certain obligation to recite a beracha acharona.